

Step by step to mediumship

This e-book gives you the quick guide to doing mediumship. The following pictures are part of the mediumship advanced pack for beginners / professional mediums who want to gain insights given to me by the spirit world. A whole new world of connection will be opened up as you explore the source and linking to loved ones.



<http://asoulawakening.com/mediumshipadvancedcomplete.html>

Special price of £25.00 and if want on cd add £3.50..

Contents

About the author	page 3
The secret	page 4
Getting back to the source	page 5
Focus	page 6
Some thoughts to think about	page 7
First step	page 8
Mediumship - link with loved one and spirit	page 8
Mediumship pack information	page 8
Continued	page 9
Daily routine	page 10
Diary	page 11
Problems	page 11
How to use mediumship pack	page 11
Ok top tips page	page 12
Mind body spirit cleansing	page 13

About the author

At the age of thirteen I was taken to a open circle to meet a lovely medium. All excited and eager to please and have a teacher, I was told that it is all within me and I am already a medium who just needs to access by looking within. I thank this lady for her great wisdom because I understand by just experiencing I would learn the valuable lessons that when we re-connect to where we came from the pure source, we can gain great information. Like a child from the age of 0-7 who is still in the source, they can hear, see and talk to the spirit world very easily. Thank you Betty for teaching me that we are already mediums who are just not communicating with spirit.

Both sides of my family was mediums / psychics but this didn't help me to have a blue print on how to do mediumship. On one side the men of the family dismissed the working of communicating with spirit. My mother who was the seven of seventh, was the one destined we thought to do the work I do. But after a brain tumour, where her pituitary gland had to be cut away, strangely at the same time I was awakened to an amazing energy that seemed to be passed down. On travelling to Spain I had an awakening where 50 voices was talking to me in my head. This scared me and so I asked for it to be taken away and only used when I could control it. All my life I have been using my intuition and gut feelings to amazing results and now realise that was guidance from the spirit world. With an old head on my shoulders, I never really felt apart of my age group and way of thinking. Luckily living in a pub helped me to associate with older people as well. Because I worked in a football club, I couldn't tell people or be who I wanted to be an instrument of spirit. So I had to go under a suda name in "Bradmonk", combination of my second name and the guide who psychics had told me was a past life a spiritual monk, banished to give insights to the monastery but kept away from people knowing what he did. He eventually went on a spiritual journey to help people and so I do relate to him a lot. He is often seen giving me insights from his book.

I spent days, pulling my hair out, when I got no information and then days I got loads. Times when I was on fire with accurate information and then having a rug pulled to teach me that I was just the vessel. The more I got involved in working with other mediums and the industry the more negative I became and from being in an industry where it was all ego like football, I certainly didn't want to go into that world again. So have chosen to teach, because seeing someone face light up when connect means more than proving I am some great gifted medium, when it isn't about me. I do this because my Nan died in my arms and can help people to bridge that gap and communicate. The impact on a death is devastating and can effect your whole life but when you learn yourself, you have a new world of sharing to experience as my Nan comes and helps me to teach. This means she is never out of my thoughts. Friends who died young help me to cleanse people homes where spirits are creating havoc. I love getting the mannerism and sometimes my face changes and people get great comfort from this. But now I want to pass on this great gift of the message to you, so you can communicate with spirit, which is far more enjoyable than going to a medium. There is some genuine mediums who are tarred with the same brush and hounded for giving what they get. The responsibility is a tough one because one word you say can and does change people life's. This is why I

created this product, not for ego or to prove I can teach people to communicate in 10 minutes but to give you the experience that is as natural as breathing. Through my passion and wanting to help I sometimes because I know what people are going through when can't connect, I try when I shouldn't. For the journey is your to experience.

“ You can't help everyone all of the time.”

The secret

The secret to mediumship is that we are already a medium, already communicating with spirit but we just are not open to recognising the signs. The more you just “do it” the clearer the connection Becomes, the more we look within for guidance and receive messages from spirit.

In this step by step guide I will take you on a journey given to me by spirit. After over 25 years of healing, mediumship I decided to teach the knowledge I had gained through looking within. I noticed how I attracted a abundant of people to tell me how great this person was and different ways to do mediumship which didn't feel right. I was soon to realise this was false illusions created by me to lessons that I had put out. With going through a soul awakening, a new world was opened to me and soon realise that energy was everything. As a natural gifted psychic, I didn't know how I was doing what I was doing but with over 500 positive feedback on Ebay and many more face to face, I must have been doing something right. I toured the country for 6 months which taught me a lot about doing reading and stand up work. When you averaging over ten readings a day you certainly develop quicker and learn a lot. I was lucky to have two experienced readers who I could converse with. After many conversations, I realised that what I had gained insight wise from looking within seemed a universal book that when connected most could access.

Spirit guided me to understanding how I did it, the pitfalls and simple but very effective methods that put years of experience into one product. It was only after such teaching that I was in a shop when a medium was claiming he had 20 years experience and how good he was that suddenly a spirit popped up and laughed. I found this most funny and after seeing him work I realised why. He was so absorbed in his own world of spirit that he was missing messages and signs helping him to develop. As he spoke to a lady, she was feeding him profound information to which he wasn't taking any of it. After he had gone I heard you can re-connect to spirit in 10 minutes and so came about my mediumship awakening in 10 minutes. I sat down and cleansed the lines as the spirit had told me, got the person into nature, the clearest connection and she started to tell me names of my family which confirmed that it worked. She couldn't believe it and I also. After years of looking within, doing paranormal, absent healing, teaching myself to do psychometry, angel cards, crystal ball and palmistry, suddenly in ten minutes this lady had given direct proof. This got me wondering and as a professional football coach who came into touch with elite players, I knew that if the plays did automatically without thinking they had incredible results. Often the barriers and our mind stops the flow from achieving. The lady had said all day, how she would never be a medium, and so the realisation she attracted this gentleman to show her she wasn't. I knew from her past life she was and a very good medium but had vowed never to use her gift because of an emotional situation.

Mediumship isn't a gift, for without spirit, your not a lot of good. The gift is the message, I have been told to help those in spirit clear their life lessons by helping those in human form. It is often only when they go over and review their life's do they realise what is needed to put right. They also notice how they affected people life's and want to make amends. The introduction of proof, proof proof and the television picking best bits that really show spirit world, isn't what it is all about. Because, the message is simple and only ego of the medium which wants to know what the message is or to be able to claim he gave a great message. Spirit will feed this ego to get the message across but isn't needed. In fact spirit will only give so much, because it takes too much negativity to feed someone ego, when if got connected to the true source, where their isn't any ego, the message is simple and profound. Proof is ego, for the message will proof without having to tell someone the shoe size of who is communicating. Most good mediums don't remember the message because they are just in the flow and give what they get. A lot of mediums get ill a lot because they are absorbing too much negativity or ego.

Getting back to the source

The realisation that getting back to the source of which we all came from is all there is. For that energy alone will give you great insights and clear messages, even before you speak to spirit. They will be able to talk to you more and give clearer messages. Takes a lot of energy and so by getting into a pure state you can gain the insights easier without brain distraction.

Everyone who has has past / present life healing, have noticed how tuned into the spirit world they are. When you take away the lessons and programming, you take away a lot of the brains activity to attract negativity to clear out held onto problems. With being taught how to deal with problems and protect, this program is all in one, mind body spirit cleansing and makes you into a open clear vessel, perfect for mediumship and healing.

Spirit have created a way to bring the energy of the source to you and your clients to make the connection clearer. This will get you back into the source but for ultimate connection then contact me about doing past / present life cleansing online, over the phone or 1-2-1 capacity (mindbodyspiritcleansing.com). In all of us is the energy of nature and why most mediums are empathic and feel what they are saying is right. Spirit sometime show you through what you have been through to understand what the person is going through. By using all the senses, we connect to the source that is within. By cleansing the whole body we allow the body to be one with the source with and ignite in others the peace and love that is the source. The quickest way to get into the source is to give the body and soul what it needs, love and peace. To do this just say "I love myself x 10 and I am peace x10. You then become love and peace, the source natural flow of energy that the spirit are. We are all one energy and just aspects of that energy when are in human form. You can feel a whole story of what a person is going through with feeling and senses. That is why all your senses is are needed and eventually when highly trained a sixth sense kicks in which is the knowing. Do this simple technique before doing readings and you will be amazed how clear the message is as we get back to the source that is in everything.

Secret to the source I love myself x 10, I am peace x10, say this and will be love and peace, what spirit are and found in you when ignited and nature, for clearer line why not get some past life healing as well. When also you feel that your not in the source and brain is taking over, just imagine your self flowing down a river and soon you will start receiving messages again.

Focus

To be truly a vessel of spirit you need to recognise your thoughts create your experience. This is very important and will attract the type of reading you ask for. If you say in your mind you are not a medium, the universe will show this and people will tell you. By clearing your emotions, you don't attract emotional issues or customers to feed your needs and wants and not their own. I have seen mediums get messages and be so adamant that they are right when spirit was actually giving them a message. For a lot of people are reflection machines and why we attract people into our lives to learn. What you focus on is important, for example; you bought a green car, what do you see a lot of *Answer: green cars*. Your mind is very powerful and so it starts to fill in the gaps to help you learn. A good medium can switch of their mind and go with the flow. If you was asked to go and get salt and pepper pot and you was watching a movie and didn't want to do it, your brain would tell your eyes not to see the salt and pepper pot. Then your partner comes in and shows you it is in front of you. Why because our eyes start the process of analysing data for the brain. The brain will send information back to get the big picture. So is why mediums, fill in the gaps, because that is what the brain does. The simple technique I use gives the brain a job to do, if it knows the symbol or object, it doesn't have to work it out. The spirit world will give you messages in ways that stops the brain from adding to it but ego or pressure from clients or our thoughts of not doing a good reading create the problem and attraction of negativity. The mediumship awakening - get back to the source, takes through a journey to understand messages, how to interpret and even get confirmation that the information is right. In time you will do this automatically and so no need to ask the source or your heart for confirmation. When you realise it is about just being a medium and not thinking about it, you will just learn to go with the flow and that the message passing on is the most important.

Some thoughts to think about

Secret “ if you go to the message it is the brain working it out, if the message comes to you it is spirit”

“ When the brain adds information or you presume your out of the source”

“When you claim you are something, then you are nothing but ego”

“A good mediums doesn't have to talk about it, people talk for them”

“ Just imagine yourself flowing down the river, this makes sure you have surrendered to the message and not trying to control the message”.

“ If try too hard, you stop the flow”

“Energy can't be controlled, as you can't control the message coming through”

“Give what you get”

“If comes twice then just give”

“To be a medium, you just need to do it not think about it”

“Confirmation comes in many ways, feeling, heart warmth, profound, flash of light, symbol, so look to confirmation to know your in the source”.

“Books are amazing but don't become the part of the book that's just fill in the gaps”

“Knowledge is being power but mediumship is about being the middle person”

“Your no good if spirit don't communicate, be humble and use the energy wisely”

“Your not here to help everyone, just those looking for guidance”

“Anyone can stop you reading them, so don't take it personally”

“Always a reason why we can't communicate, look for the big picture”

“Messages are variable so you can' be perfect all the time, take the pressure off.”

“Mediumship is about guidance, not told what to do for you have free will to experience”

“Your only as good as your last reading”

Quotes by Steven Bradshaw

First step :

Throw yourself into the deep end and just do mediumship. It is not till we just do mediumship do we learn it is a natural as breathing. So follow the audio I have created to cleanse the connection, reconnect to spirit, get back to the source because they are communicating the whole time but we choose not to be mediums and act or give messages. You might have been a medium in past life, so to say you need to learn is to order you will always be learning. This 20 min exercise actually gets you communicating, and you can even find out who is communicating. I would do this exercise regular to experience new messages from spirit. It is only emotions which stops us communicating with loved ones and why mediums find it hard to get messages for themselves.

Mediumship - link with loved one and spirit (mp3 audio download 20 minutes)

This audio cleanses the lines to communicate and how to communicate with loved ones and spirit, after you got a message you will even gain a symbol to know who is visiting you. Doing the cleansing regular will keep you in the source and so guidance is often. As long as you don't need and want this all the time you will receive more information at the right time. This is important for it is when all the energy comes together you may need a message. How many times have we read a book or listened to some advice and the big picture didn't emerge till we had all the information.

Once you just learn to do, then you can develop all your senses to make it automatic, like you just experienced by doing the following visualisation. Each visualisation opens up your senses to receive messages. Each one gets you into the source or gives you insights, so can do automatically do it like breathing. This opens more of the channel to be guided how to do mediumship with link to the source. You are then becoming more of a learning machine, like a child is. Excited by the experience with no thoughts to stop the flow.

Mediumship pack

Visualisations

Through out the visualisations you are improving your clairvoyance and each journey is similar to get you into the flow of the source quicker and automatic. Your brain after one visualisation, recognises this pattern and so doesn't add to it but lets the spirit world guide you and develop.

automatic writing

This visualisation is good for learning to just go with the flow and receive messages. You can soon learn what is your brain and what is spirit through doing this exercise. If profound and flowing, then from spirit, your brain will try and take back control but won't be long before it is flowing like mediumship should be.

working with chakra and aura

When we understand the chakras (energy wheels of energy through out the body) we can get messages from colours that spirit world give us, in time you will have a total list of messages just from the colours. For each chakra represents a part of the body. A blue is often the throat chakra and can mean communication or not being heard. Then you can move onto aura where a person emotional state can be seen just by what is in the aura. Don't worry if don't see colours, they may have moved you onto sixth sense and will tell you what colour and where on body. Why not scan a body to see any problems that people may have. Even though we don't diagnose because not doctors you may pick up message of an illness that is troubling them.

Creating your place to connect

This is called your sanctuary, a place you can go to find peace. By creating your place you will tune into what sort of person you are. The areas we are guided to is waterfall, beach, woods, field, on top of a cliff and have a few places in one. This is often your energy place when you need a lift or more energy to connect. If this place isn't flowing for you or struggle to go there, it is a sign you have too much negativity in the body. I have a place that has grown loads over the years and bring me peace and was where I would do my reading from for a clearer connection. Great visualisa-

tion to get you flowing because you can't go there unless negative free. Which place drawn to depicts an actual place you will feel the most energy from.

connecting to loved ones

People find it hard to connect to loved ones and even mediums due to the emotional connection we have with spirit. By going to your place, you free yourself up from material thoughts and makes it easier to communicate. Might be strange at first but you will soon be conversing with the spirit world. If you have done my Cleansing and linking to loved ones, you will be already there and this will be a top up session to gain more insights.

dream interpretation

I know people find it hard to work there dreams out but the message is done in a way you can interpret but stuck all together. By taking it step by step you will understand what they are trying to say. By noting your dreams you are receiving messages and learning to interpret symbols. They come in symbol form to bypass the brain. Often people think symbols is the first stage of development but it is the main way they can communicate very quickly with less energy and is why I have created two visualisation to increase your symbol list. The more the brain has symbol wise the less it will and work out because already in database. Messages are all around us and even when we sleep.

Grounding

This is very important to stop you from getting headaches, dizzy ness because too much time in spirit world communicating can have an effect on the body. The body needs love and so by grounding like a tree you connect the source that stops the spirit world from creating illusions. In their world they can create anything or show images that are moving, which isn't the best when driving. I was so much in la la land that even filled up at garage and went to next to fill up again. This is where you can go into trance from not being grounded or feel fatigued and drained. A lot of mediums who spent too much time in this world lose sight what is real and what is not and why go a little mad. In spirit world you get easily dehydrate with using so much energy so drinking water also grounds you.

Meeting guides

We have 5 development guides and each one has a part to play in development like the 5 senses have. By communicating with them they will send you information and places to learn. They are universal and so everyone can access.

Messages from guides in boxes

This is a wonderful visualisation to open the lines of communication and find out what you need to know, each time you visit you get a new message to help you develop and learn. Even the colour of the boxes have a message for you. This profound information is wonderful to finding what is needed.

meeting your soul for path

The more we can connect to our higher self, the purer the connection. This visualisation takes on journey to meet your soul who guides and gives you information to help others. We many lifetimes of information available you will know when connected because you just get profound and not ego based information on how good you are but the right thing for you to know.

nature cleansing - emotional release

Bring nature to you is the most brilliant way of having enough energy to communicate with spirit, In the source you have limitless amount of energy and insights that are not interrupted by the brain. In the silence and peace we receive great wisdom for ourselves and other because we are all one. Regular cleansing and becoming one with nature, gives the body what it needs and turns it into a pure vessel for communicating to loved ones and spirit. Nature quit en the mind gives clarity to know what is best in life and open the senses to clarity.

six senses journey

By opening your senses and developing you will be a master at psychometry, clairvoyance, crystal ball, palmistry and angel cards. Mediumship is about using all the senses and then eventually it becomes a knowing. This happens when all the senses become one. Once developed you will just know when spirit is around without trying.

symbol journey

The more will build up our symbol board, the easier to spot messages are around us. By going through your house you can have an endless list of symbols to highlight that spirit are around them as they show you in their house objects that you can relate to. The quickest message is through symbols as a picture paints a thousand words. One picture can tell you everything about the person.

symbol board

Now you have symbols why not build the different meaning for each symbol, a red rose can mean, love, they liked roses, last thing given to a loved one or celebration. Communicate with spirit to build a better connection to what they mean.

visualisation secrets

Most people can't visualise, why? because energy free flowing and they want perfect picture or focus and stop the flow. This simple but effective technique, teaches you the secret to visualisation. Once mastered you will be able to switch the brain off easy.

Chakra Meditation

Balance all your chakras and through meditation we learn to relax and go with the flow. This journey takes you down a river where you are being guided and cleansed. Secret to meditation is to put on before go sleep and after few days you can do easily during the day. Meditations wasn't strong enough because of the work I do so created my own.

New ; All in one visualisation

This is like a top up or all the top rolled into one, this has been created when haven't time to go through all the development but still get the affects by going on a journey. Also included in the journey is voice messages from spirit world to develop tuning in to spirit voice.

Protection

Is very important to stop negativity and energies attaching themselves, as you open up you will be bombarded at night with those want to communicate or get a message to loved ones. Protect in white light around the bed with angels to stop being bothered and if astral travel at night won't feel drained in the morning.

Daily routine

This is amazing when done regular, it bring peace to your life and in ten minutes cleanses the mind, body and spirit. You will feel a natural high when regularly done. This was created part of my mind, body & spirit cleansing healing. A must if you want to connect clearly.

Diary

Keep a diary, this will highlight just how much you have got and how confirmations come through. This really highlights that spirit is communicating and you are replying. Make a note when you get intuition and gut feeling, because this is from the source to guide you. Act upon the message or write it down, you are communicating like a medium. The more you do this, the more you become an open vessel. So when get something from nowhere, then make a note of it, don't let the brain take this simple message and put you off.

Problems

We absorb negativity and hold onto when we get problems. Just put it in the box of emotional so that it will be sorted, problems are just challenges that may be taking you new direction. By putting in box you told brain that dealt with it and so won't start creating false illusion or over working. The clearer you are the more you stop the brain over working the clearer the message. Program the brain to bring peace or for you to do good reading where the message has been able to be given.

How to use the mediumship pack

The more you do the link with loved ones / spirit you will be actually being cleansed and linked to spirit. Then to make it automatic so just flows, then let the feeling or your heart guide you to a particular visualisation, because that is what you need at that time. To put your thoughts to what order to do in, you start to order lessons and instead of just doing. The more you get into just doing without pressure, you open the door to spirit. Just imagine yourself, flowing down a river, will get you straight into the source. Saying I love myself and I am peace gets you into the source. These simple techniques, gets you back to where the energy is free flowing. Messages come to you, not you to it. By surrendering it will happen when the timing is right, you take the pressure of learning and giving messages, when you senses are open you will know when right time. When in the source, you won't get the feeling you can't do it, you will just know you can. Fear and doubt goes when in the source. Each visualisation is created to open a sense to gain a complete sixth sense body, working to communicate. We are communicating all the time, when clear we can see and act upon this.

Insights on facebook

I have created a e-book with all the insights from the topics done on Facebook. With some extra this really gives you insights into the world of mediumship. This goes with the mediumship advanced pack.

Ok top tips

Get back to the source for clear connection by being open vessel

Clear out emotions that stop you connecting, bringing fear and doubt

What you put out you receive, check your thoughts

Become automatic by doing the mediumship awakening and mediumship pack

The more you do the easier it gets.

Get into a routine of doing it.

Enjoy and focus on the message

Remember you have a responsibility

Share with others, so you learn more

Look for the big picture to why it doesn't work

Take the pressure off by saying not going to be right all the time

Only help when right to, don't waste the energy for silly questions

Take charge of spirit.

Remember the message is simple, don't complicate

The message comes to you, not you to the message.



The power of new healing using a very old technique:

Find out why you are who you are?

Stop phobias, abuse and attracting negativity?

Clear out past life / present / childhood programming

Protect from negativity

Take your life back and become peace.

Take away energies that stop you moving forward from the past.

“Bring balance to mind, body & spirit with simple proven techniques.”

Mind - quit en the mind and become more focused to see the big picture in life.

Body - allow the body to heal itself by cleansing the emotional baggage from past / present / childhood conditioning.

Spirit - Free the spirit within to guide you and help you attract abundance into your life by going with the flow.

A donation accepted: rrp £35.00 per session: 1- 1/2 hours

A donation accepted rrp £50.00 2 sessions : 2 - 1/2. hours

A donation accepted £70.00 3 sessions 3 - 1/2. Hours

Why not join us at one of our workshops to teach others and learn this amazing technique.; to use for yourself.