



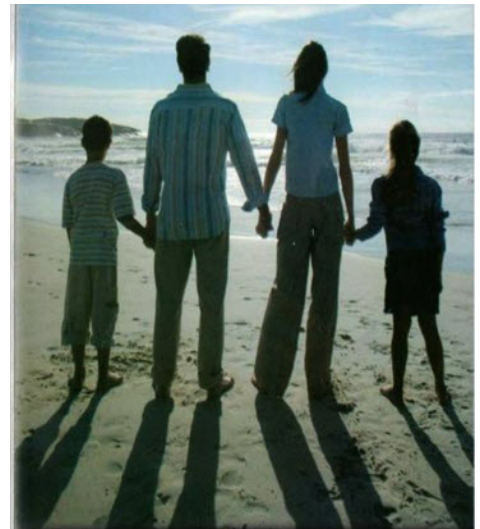
# Past life workshop

Itinerary (6 hour session 10am - 4pm)

Course details:

A complete training in past / present life healing from old Techniques channel led from the life force / source.

- Meditation and introduction
- Recognising what negativity can do
- Nature cleansing - clearing emotions of the body
- Preparing the body to be an open vessel
- Working with higher energies & power of intention
- Demo
- Channel ling Love into body
- Healing techniques
- Scanning for past life / present life negativity
- Tracing lines to past life story
- How to re-build the body energy
- Cleansing lines from the heart
- Distance healing - sending your soul
- Protection
- Soul awakening for mind., body & spirit balance
- Training step by step healing techniques from above.



**Don't let the past lesson become your future**

Don't miss the chance to cut the ties from passing the emotions you have been passed down to you to your children. Whether to do professionally or for your family this workshop is for you.



## BONUS - free cd for all who attend the course

You will receive an hour long cd created by spirit to give you insights into why past life healing is done the way its done. This incredible information gives you first hand the tools and knowledge that most people keep to themselves. Every part of the past life healing is talked about in this cd, to gain extra insights That will help you to heal others and yourself.

[www.asoulawakening.com](http://www.asoulawakening.com)



Early Bird - Make sure you book on one of the courses before sold out at early bird price - discount booking price available for group bookings.

## More detail of past and present life

Healing - Past life Programming

Phobias, fears, lack of energy, going around in circles, over worked mind

This amazing healing is unique and the effects its having on peoples lives is incredible. Through years of developing and guidance from spirit I have been given this amazing gift guided by spirit to get to the core of the emotions which create physical ailments. By allowing the body to do its job, amazing results have been achieved. Some emotions are so deep they go back into past lives and is why people are unable to heal themselves. One lady testimonial shows how having her head chopped off in past life had caused her neck damaged that meant moving it was impossible. After treatment and learning lesson, the body was re-aligned and energy taken away, that caused the immobility. She now can move her neck and feel her body re-aligning and feels ten feet taller.

'By removing the barriers, we can allow the body to heal itself' steve bradshaw

Our body is made up of energy and after years of negativity resorting from fear, stress, doubt, worry, fatigue and outside influences that we hold onto and absorb, can result in physical effects showing. To allow our body to re-juvenate we need to take away and cleanse the deep rooted emotions / negativity that's built up, stopping the healing process. By cleansing the emotions / programming, we can bring to the surface those negative / emotional energies that lessons are attached to and can't be cleared by conventional methods. Some people spend years in pain due to past life programming and fears we hold onto that can be caused by stress and problems we attract. By taking away negative energy and reprogramming the effected areas, we can allow the body to create new cells and energy to fix affected areas. This may also mean re-building the energy for the body to create a better alignments. By going into past life we can learn the lessons we have brought into this one which is having major effect on our life's both emotionally and physically. You will be given the tools and knowledge to help yourself to protect and stop re-programming negative thoughts / energies / emotions. This will give you a clearer mind to dealing with future issues and problems thus creating a more balanced life. Your body can create a new one in seven years, all I do is allow the body to heal itself by taking away the negative energies it has to focus on rather than healing.

Present / Childhood Healing

'break the chains of emotions from childhood' by steve bradshaw

From the age of 0-7 years of age we collect information to learn from and even create false programming that can affect or relationships, family and what we attract in life. Our whole life can evolve around lessons we have inherited from our ancestors and the need to be loved is a major factor in creating a world full of pain and problems. Now there is a treatment to release you from your emotional bonds, break the chain and stop you feeling the abuse/pain from the past.



This amazing healing brings peace and balance in to your life and the tools to deal with any problem, protect from negative behaviours and improve your self esteem to tackle any situation in life. You will have a clearer mind and see problems dissolve that has haunted you all your life. In its place is a sense of being in charge of your life and understanding why you are who you are. You then automatically create a life full of love and peace as your learn to love yourself and receive the life force that can really heal your life and your thoughts. 90% of what we think about is an illusion world we create and then act upon creating more problems for us to learn from. Why not also combine with past life so you can clear out lessons brought into this life that can come in physical effect through over abundance of stress and negativity. Many phobias, panic attacks, asthma, physical related illnesses are healed through allowing the body to heal itself. You can have a new body in seven years and a new cell structure in a year when you take away the negativity that you absorb daily that stops the body from healing itself.

'You even chose your parents to learn from, stop blaming others and take charge of your life' Bradmonk

If you truly want to be free from attracting negative situations and people, stop re-programming, take charge of your life and not pass your emotional baggage onto your children then this healing is for you.

This course gives you the tools and knowledge to do past / present life healing and to be able to teach others how to do it. After practise you will be able to do automatic. A six week practise sessions covering everything learnt will also be put on after course.

#### Benefits:

- Cleansed and new skill in healing
- Clearer energy from healing and sharing
- Knew knowledge to heal yourself and do healing
- A place to re-connect and learn with back up groups and support follow ups
- A new energy and new link to spirit to grow and learn with.
- A platform to link to the world of healing in nature
- Awaken the soul and body
- Able to deal with problems, protect and heal without sending your insecurities to your client.
- Learn to quit en the mind and create a world where learning is easy.
- Become an open vessel to teach, learn and heal.
- New sense of purpose as you link to where you came from

All the information provided has been channelled with the help of spirit, through distance healing, paranormal, soulawakening, house cleansing and being a medium, this information was provided after years of training. The workshop is all the years put into simple form and the quickest way to become a healer / medium.



## To book on a course

Go to <http://www.asoulawakening.com> and donate the amount specified on the workshop web site. Please make sure you put the code of the course and to receive early bird price pay as soon as possible because places fill up fast.

If you would like a past life / present life treatment or all in one treatment of mind, body & spirit cleansing then go to the various links below.

[Past Life](#)

[Present Life](#)

[Mind body & spirit cleansing](#)

Or for more information on workshops available click link  
Below



[Web site a soul awakening](#)



Follow up support either by emailing me or sharing with others

There is also a group on Facebook that you will be invited to join to share in the experience with others. It is okay having the skills and knowledge but regular practise gets you into a routine of just doing it and learning as you do. This is vital when working with spirit and learning as you share with people.

## Course material

You will receive a microsoft visio brainstorm sheet of the day, so you can follow the course, we also provide extra material for afterwards to go away and learn on cd. We tend not to get you to do much writing but odd times we include some material to work through. Most of the information is demo, talked and odd role play but in a fun way that nobody feels they have to or doesn't enjoy. Most people have loved the style of training and often received very good feedback to the style of teaching I do. Most people turn up a little nervous but go away wanting more..

Here is a typical information received on a course.

Brainstorm Itinerary

Q & A session

Cd for support and extra learning

And of course vital : Loads of tea and coffee ha ha! We do say that we can have a little buffet in between  
If everyone agree to bring a little something. Its amazing we all seem to bring different things and plenty of surprises lol

Check out the next pages to see what information is included

# Past life Healing - worksheet

Past life 1

Lessons

Past life 2

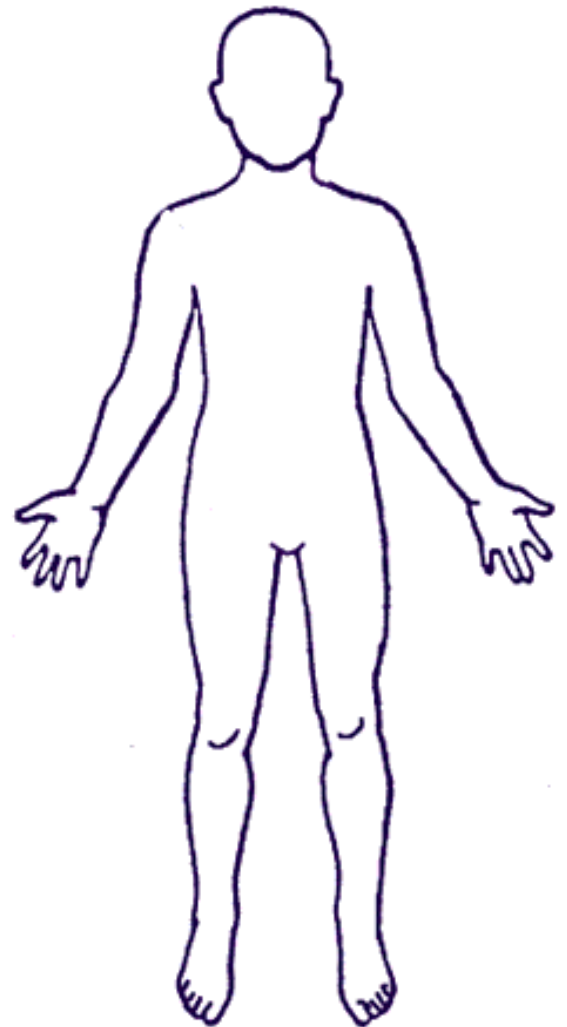
Lessons

Past life 3

Lessons

Past life 4 or more

Lessons



● Areas of past life

Rebuild Needed:

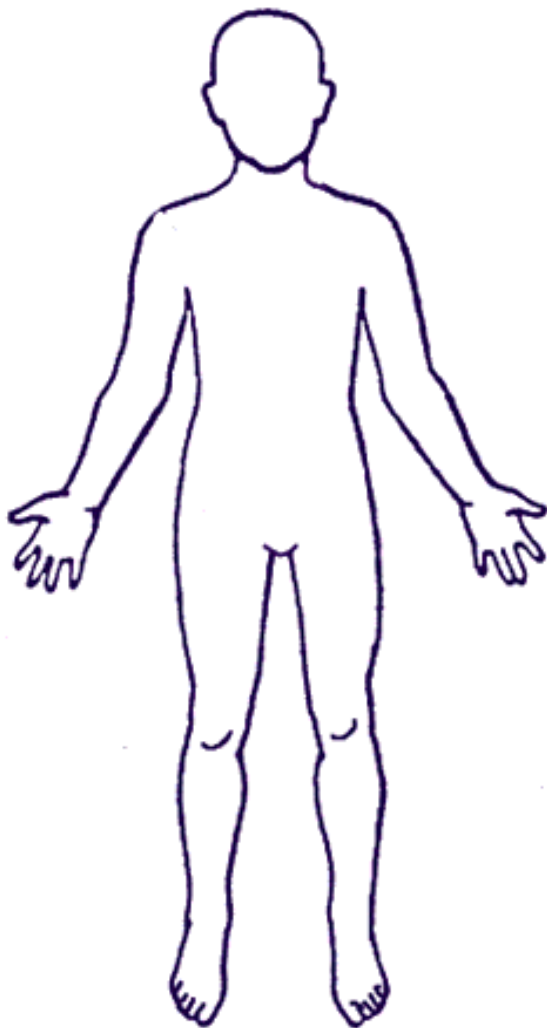
For more information please visit <http://asoulawakening.com>

## Emotional Cleansing

Make a list of anything that makes you angry or you feel emotional about:

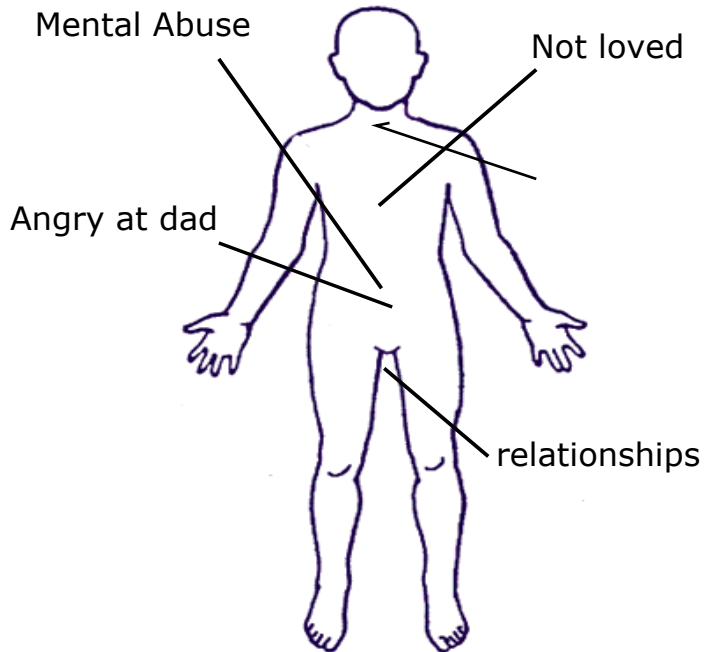
This highlights what we are holding onto, what lessons we may be attracting and our negative thoughts. Lets see the areas where we feel this emotion.

What part of the body do you feel this is attached to, write the words on the diagram below:



Create your diagram from the words you chose before.

For example  
Might be word, picture  
or just feeling.



You start to see how our thoughts and feelings are connected and how what we feel are signs that can represent areas of the body where we hold onto negative energy.

# Distance Cleansing

Some of the many member who have been on my workshops



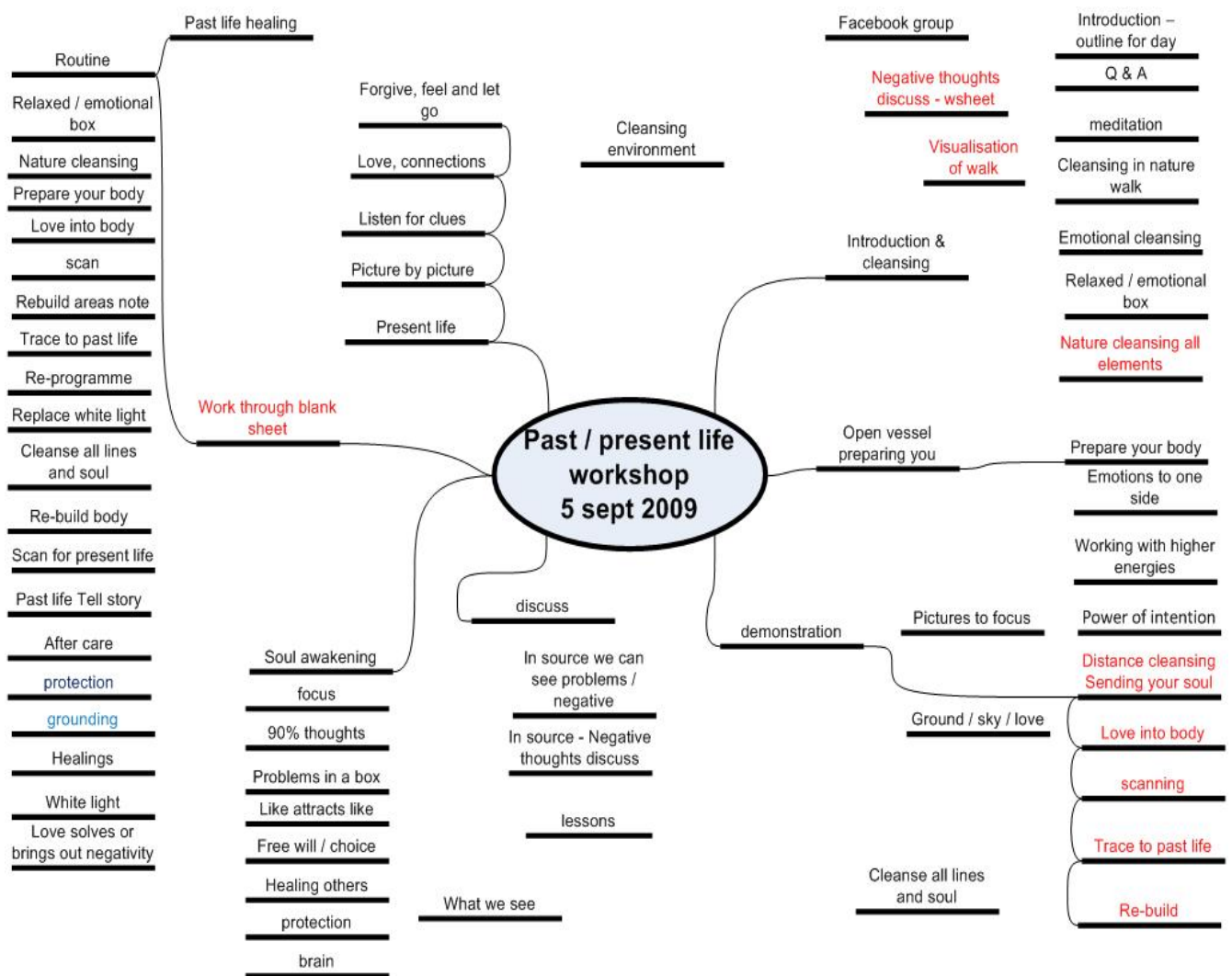
Power of intention - just know you are with that person (your soul)  
Ask there soul if okay to heal - you will feel if okay.  
Put love into the body  
Scan the body  
Imagine healing going to affected area.

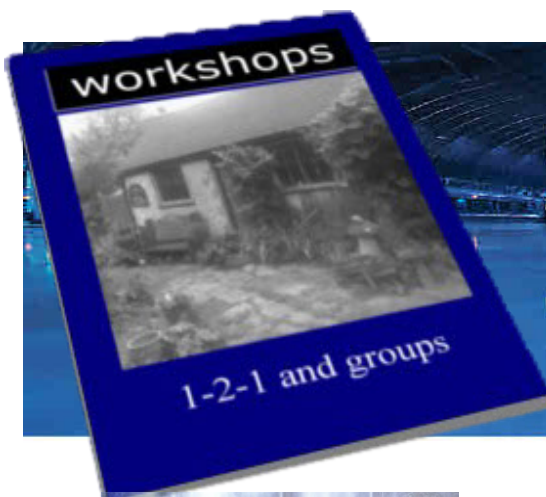
Volunteer to do distant healing on  
Problem areas right knee, right foot  
and left lower back..





## Brainstorm sheet of itinerary you will receive on course

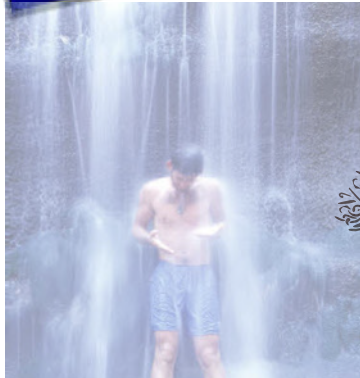




Soul awakening

2011 03 06 09 10 11

www.asoulawakening.com



WEBSITE : MINDBODYSPIRITCLEANSING.COM

The power of new healing using a very old technique:

Find out why you are who you are?

Stop phobias, abuse and attracting negativity?

Clear out past life / present / childhood programming

Protect from negativity

Take your life back and become peace.

Take away energies that stop you moving forward from the past.

“Bring balance to mind, body & spirit with simple proven techniques.”

Mind - quit en the mind and become more focused to see the big picture in life.

Body - allow the body to heal itself by cleansing the emotional baggage from past / present / childhood conditioning.

Spirit - Free the spirit within to guide you and help you attract abundance into your life by going with the flow.

A donation accepted: rrp £35.00 per session: 1- 1/2 hours

A donation accepted rrp £50.00 2 sessions : 2 - 1/2. hours

A donation accepted £70.00 3 sessions 3 - 1/2. Hours

Bring past life / present and soul awakening all into one

www.asoulawakening.com